

# The Lord of the Sabbath

Session 2025-02

January 12, 2025

Hi Tweens,

## Opening Prayer

*Heavenly Father, teach me to be patient and compassionate with those who may require more time and to show grace and understanding in all my interactions. In Jesus Name. Amen!*

The story in this week's lesson "**The Lord of the Sabbath**" is from the book of Matthew. Keeping the Sabbath was a very big deal for the Jewish religious community during Bible times. Observing the Sabbath was taken so seriously that the Jews had constructed a series of laws that, if kept, would ensure that someone could not accidentally break the Sabbath command. The opening verses of Matthew 12 shine light on the contention the religious leaders had with Jesus over the Sabbath. **Enjoy this week's story!**

**Bible Passage: Matthew 12:1-21**

**Memory Verse: 1 Corinthians 10:31b NIV**

*do it all for the glory of God.*

**Bible Verse: Galatians 6:10 NIV**

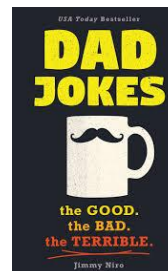
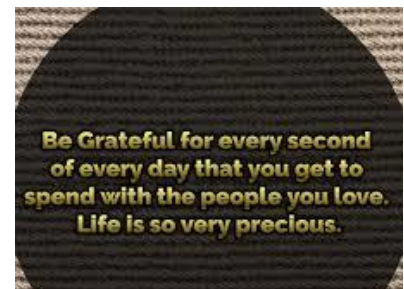
*Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers.*

**Text Truth: People are precious to God, so God is honored when we do what is good for others.**

**Bible Skills Spotlight:** Pronounce most of the names of Bible people, places, and things mentioned in the Bible.

**Here are 3 random questions from the book "2000 Questions About Me":**

1. Question 605: Who or what has been your best teacher? (*Mr. Cozard – 4,6,7,8 grade*)
2. Question 398: How shy are you when you meet new people? (*Little*)
3. Question 381: Who do you trust the most in your life? (*My wife*)



**Q:** Why can't a **bank** manager ride a bike anymore?

**A:** He lost his **balance**.

# The Lord of the Sabbath

## ENJOY THIS WEEK'S STORY!

*One Sabbath day Jesus and His disciples were walking through fields of grain. The disciples were hungry, so they started to pick and eat some of the grain. When the Pharisees saw the disciples, they said to Jesus, "Do You see what Your disciples are doing? They are breaking the law for the Sabbath day."*

*Jesus told the religious leaders, "Haven't you read what David did when he and the men traveling with him were hungry? David entered the tabernacle and ate the bread of the Presence, which only the priest was allowed to do. Haven't you read in the law that on the Sabbath day the priests in the temple work but are innocent?"*

*Then Jesus said, "If you understood what 'I desire mercy not sacrifice' meant, you would not have judged those who are innocent. The Son of Man is the Lord of the Sabbath."*

*Jesus reminded the religious leaders that God did not consider David's actions sinful, and God did not consider the priests who had to work in the temple on the Sabbath as breaking the law. The Sabbath was not broken when people were in need or worshipping or being kind to others.*

*After Jesus spoke to the religious leaders, He entered the synagogue. Jesus saw a man who had a shriveled hand. The leaders wanted to accuse Jesus of sinning and breaking the law, so they asked, "Is it lawful to heal on the Sabbath?"*

*Jesus answered, "If your sheep fell into a pit, wouldn't you lift it out? A person is worth more than a sheep. It is lawful to do good on the Sabbath."*

*Then Jesus looked at the man and said, "Stretch out your hand." When the man stretched out his hand, it was healed. But the religious leaders began to plan how they could kill Jesus.*



*Jesus knew what the religious leaders were doing, so He went to find a quiet spot. But the crowds of people followed Him. Jesus healed the people. He warned them not to tell others about Him so that Isaiah's prophecy about the Messiah would be fulfilled.*

*Isaiah promised that the Messiah would be God's Son. He would be loved and chosen by God. He would have the Spirit of God in Him, and He would rule over all nations as a humble and peaceful ruler. The Messiah would not only rescue the Israelites from their sin, but He would rescue the Gentiles as well.*

*Jesus taught that you could keep the Sabbath holy and do what is right and good to help others. People are precious to God, so God is honored when we do what is good for others. Jesus is the Messiah. He obeyed God and showed others that God loves and cares for them.*

## OPEN YOUR BIBLE TO THE BOOK OF MATTHEW

### READ MATTHEW 12:8

- The Sabbath is a day of rest considered holy to God because He rested on the seventh day after creation. The Sabbath became a time for the Israelites to gather together and worship.

# The Lord of the Sabbath

Remember our Text Truth: **People are precious to God, so God is honored when we do what is good for others.**

- Who ate grain in the story?" (Jesus' disciples) "How did the religious leaders react to this? (*They told Jesus that His disciples were breaking the law for the Sabbath day.*)
- Religious leaders also tried to accuse Jesus of breaking the law when Jesus healed a man's shriveled hand on the Sabbath.

## READ MATTHEW 12:12

- Religious leaders did not understand that the Sabbath day was not about a list of rules. The heart of the Sabbath was to honor God.

If you have any prayer requests, please send them to **cameronfamily10@gmail.com**. Remember to LAUGH, have a blessed week, watch, or come to church Sunday morning, call a friend, and try very hard in school this year, and remember

**GOD LOVES YOU AND SO DO WE.**

## The Tween Teachers

**Shine!** every Wednesday. Kid friendly dinner at 5:30pm and program at 6:00pm.



Here is an interesting video about the number 7 from the BibleProject:

<https://youtu.be/PFTLvkB3JLM?si=mWLhiMFp-xQu8jdc>

# The Lord of the Sabbath

## MATTHEW 12 CROSSWORD

Complete the crossword by filling in the missing word from each sentence.

AFTER JESUS SPOKE TO THE RELIGIOUS LEADERS, HE ENTERED THE \_\_\_\_ (2 ACROSS).

JESUS SAW A \_\_\_\_ (3 ACROSS) WHO HAD A SHRIVELED HAND.

THE RELIGIOUS LEADERS ASKED, "IS IT LAWFUL TO HEAL ON THE \_\_\_\_ (2 DOWN)?"

JESUS ANSWERED, "IF YOUR SHEEP FELL INTO A PIT, WOULDN'T YOU LIFT IT \_\_\_\_ (1 ACROSS)?"

JESUS SAID, "A PERSON IS WORTH MORE THAN A SHEEP. IT IS LAWFUL TO DO \_\_\_\_ (3 DOWN) ON THE SABBATH."

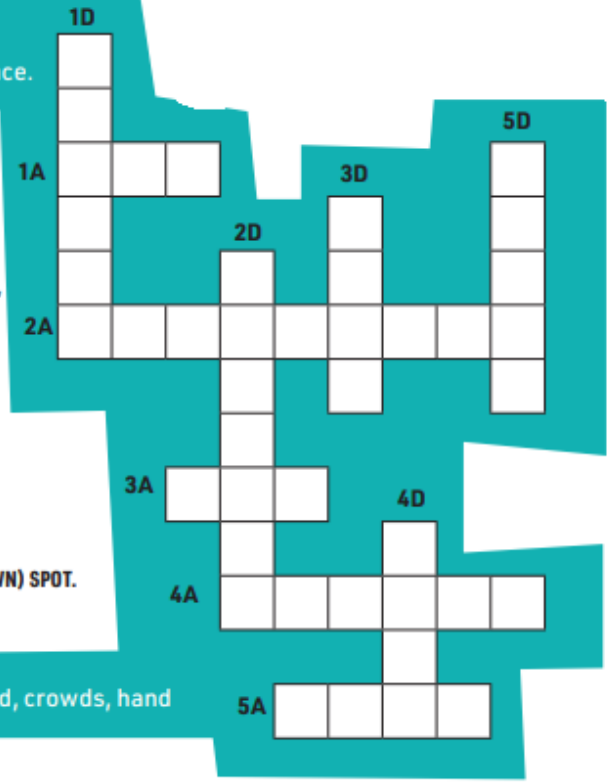
THEN JESUS LOOKED AT THE MAN AND SAID, "STRETCH OUT YOUR \_\_\_\_ (5 ACROSS)."

WHEN THE MAN STRETCHED OUT HIS HAND, IT WAS \_\_\_\_ (4 ACROSS).

THEN THE RELIGIOUS LEADERS BEGAN TO \_\_\_\_ (4 DOWN) HOW THEY COULD KILL JESUS.

JESUS KNEW WHAT THE RELIGIOUS LEADERS WERE DOING, SO HE WENT TO FIND A \_\_\_\_ (5 DOWN) SPOT.

BUT THE \_\_\_\_ (1 DOWN) OF PEOPLE FOLLOWED HIM, SO JESUS HEALED THE PEOPLE.



**WORD BANK:** plan, synagogue, man, healed, out, Sabbath, quiet, good, crowds, hand

## SHOWBREAD!

What was so special about the bread eaten by David and his men?

It was Israel's showbread, called "bread of the presence" or "bread of faces." Inside the tabernacle, there was a wooden table dipped in gold.

Twelve loaves of unleavened bread always sat on this table. Each loaf was round and flat, like pita bread or tortillas. Showbread was a sacrifice. It was replaced with fresh bread every Sabbath, and only priests could eat the old bread. There were 12 loaves because God wanted fellowship with all 12 tribes of Israel.

